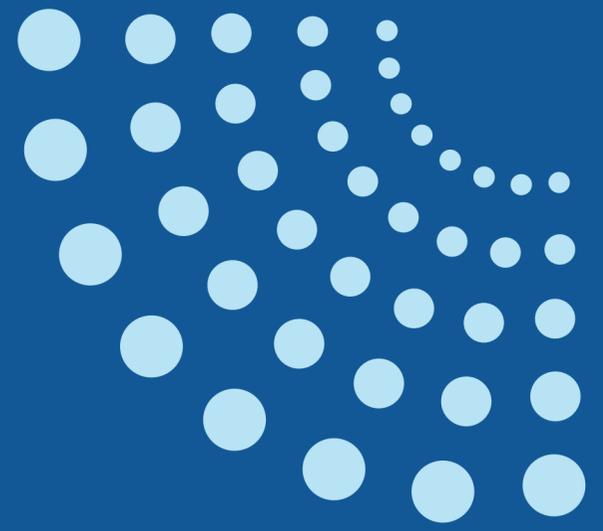


# Kamagra

## *(sildenafil citrate) tablets*

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### Best Tips To Take Kamagra

Since Kamagra is easily available, not many people have the knowledge of how it works or the best ways to use it. Here are some best tips to get the best results

- Take Kamagra 20 to 60 minutes before sex: It can be most effective when taken in this time-line, giving it enough time to circulate.
- Eat low-fat meals before taking Kamagra: Eating a low fat-meal will help the drug take effect more quickly.
- Always take the doctor's recommended dose: usually, the recommended dose is 50mg but your doctor might recommend taking either more or less depending on the severity of the condition.
- Ingest by swallowing: Don't chew or cut in half to try decreasing its strength.
- Become aroused sexually: Kamagra will not automatically get you an erection.

### How Long Does Kamagra Stay In The Body

The length of time Kamagra lasts in the body differs from person to person. It is reported to last up to 5 hours. However, certain factors determine how long Kamagra lasts in a person's body. Such factors include

- Alcohol: Drinking alcohol after or before popping Kamagra decreases blood flow to the penis making it difficult to get and maintain an erection. A small amount of wine or beer may be fine but more than that increases the risk of negative side effects.
- Diet: Eating a large meal that has a high fat content right before taking Kamagra may delay it work from working because the body will be trying hard to digest the food while taking Kamagra on an empty stomach can make it work more quickly.
- Age: Kamagra tend to stay longer in the bodies of men who are above 65 years of age because the metabolic system of the body slows down with age. The older the man, the longer the effects last.
- Dosage: Kamagra tablets come in doses of 25mg to 100mg. Obviously, the higher the dosage, the more effective and lasting its effects will be. It is advised to see a doctor to get an appropriate prescription.
- Health condition: The presence of kidney or liver disorders can slow down the breakdown of Kamagra pill thereby prolonging the effects of Kamagra in the body system.

